

# Forestbrooke Pool Summer '23 Swim and Dive Team



## Swimmers wanted for Swim and Dive

### **The Flying Fish:**

A youth swim and dive team sponsored by the Forestbrooke Athletic Club.

Located at 2609 Yost. We participate in the WISC league alongside many other local swim clubs.

Team membership is paid separately from pool membership; one may swim for the team without being a pool member. Summer practices are Monday through Friday Mornings.

Scholarships are available!

Our Swim and Dive team is in a competitive league, however, kids who are new to swimming can join to have fun and improve their strokes!

Ability level to Join: Very new Swimmers must be able to swim one length of the pool unassisted. The upper age limit for swimmers; must not be older than rising HS seniors.

### **Dive Meet Schedule**

Friday, June 23: At Chelsea  
Friday, June 30: Hosting Milan  
Friday, July 7: At Whitmore Lake  
Friday, July 14: Hosting Orchard Hills  
Friday, July 21: At Chippewa

### **Swim Meet Schedule**

Saturday, June 24: At Chelsea  
Saturday, July 1: Hosting Lincoln  
Saturday, July 8: Hosting Ypsilanti  
Saturday, July 15: At Ann Arbor YMCA  
Saturday, July 22: Hosting Octopods  
All meets run approx 8 am to 10:30

### **WISC Swim Championships**

at Ann Arbor Skyline High School  
July 24th thru July 27th  
One day for each age group.

### **Other Fun Team Events**

Mock Meet  
Swim-a-thon (with sleepover)  
Spaghetti Carbo Load!  
Ice Cream Social and  
Awards Banquet



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